

WORKSHOP online & in person

Bias Awareness For Inclusive Workplaces

Whether you are aware of them or not, you have biases. Conscious and unconscious biases are human. These prejudices can help or hinder your decisions. Biases influence how you view the world, react, interact with others and impact your reputation.

Join us for this interactive training activity to discover how biases also affect your work and to learn strategies for an

By the end of **Bias Awareness for Inclusive Workplaces***, participants will be able to:

- 1) **Define** what bias is as well as its impacts and consequences.
- 2) **Recognize** possible biases; conscious and unconscious.
- 3) **Discover** their work style and compare it to team members.
- 4) **Adapt** their communication skills to be more inclusive.
- 5) **Cultivate** an empathetic perspective when communicating.

*Additional fees apply for Cultural Profiles and Inclusive Behaviour Reports.

Your Choice

 **The duration** of this interactive training activity may be adapted for:

- an interactive conference of 90-minutes or less;
- a two to three-hour workshop; or
- a full-day training program.



Your Workshop Leader

Julie Blais Comeau is Canada's go-to etiquette expert, an energizing speaker and a sought-after media collaborator. You may have seen, read or heard her on **CTV's Your Morning, CBC, HuffPost, The Globe and Mail, Canadian Living** or **Entertainment Tonight**, amongst others.

Julie is **Chief Etiquette Officer and Founder of etiquettejulie.com**, a training and development firm dedicated to teaching poise, polish and professionalism, to enhance the interpersonal skills, brand and image of employees of all levels. Julie is the author of four books, including: *Etiquette: Confidence & Credibility*.

“My mission is simple: you, your team and organization, shining at work.”

Julie